

What Coping is Effective in Patients with Chronic Kidney Disease Undergoing Hemodialysis?: A Literature Review

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ABSTRACT This study aims to determine the coping strategies that have the most impact on the quality of life of chronic kidney disease patients undergoing hemodialysis. This study used a literature study and searched for PubMed, Scopus, Clinical key, Sciencedirect, EBSCO, and other related journals from 2010 to 2020 with keyword syntax for each database. Eighteen articles were included in the review. The results showed that there were several coping strategies such as self-management, spiritual strategies, clinical and somatic symptoms that were associated with the quality of life of patients with CKD. The spiritual/religious coping strategy is a coping strategy method that can improve the quality of life and reduce stress in CKD patients undergoing hemodialysis. Teaching spiritual/religious coping strategies should be considered by health workers in Indonesia as a therapeutic treatment to improve the quality of life of patients with chronic kidney disease.